

Achievement Objective

Children will be able to: identify Lent as a season when Christians try to live more like Jesus lived.

Learning Outcomes:

The children will:

- 1 recognise that *Lent* is a season when people think about changing to become more like Jesus
- 2 identify ways children can change to live more like Jesus lived

Preparation for the Lesson:

- Paper folded in half, scissors and felts
- Card for large letters for caption *LENT IS A TIME TO LIVE MORE LIKE JESUS LIVED*

Take my yoke upon you, and learn from me; for I am gentle and humble of heart, and you will find rest for your souls.

Matthew 11: 29



Teacher's Notes:

One of the reasons we have the season of *Lent* is so people can take time to think about their lives. Because *Lent* is leading us up to Easter it is a quiet waiting season. Often people are too busy to think about what they are doing. They do not think about how they speak and how they act towards others. They do not notice when others need to be cared for. In *Lent* one of the things we are asked to do is to take time to stop and think about these things. It is by stopping and thinking that people notice if they are living as Jesus lived.

There are 40 days in *Lent*. Each day we need to take time to think and pray about Jesus. We remember that he is our Saviour. We can read stories about his life. We can think about how he treated people and ask ourselves how do we treat people? Do we show them *aroha* and respect?

We can think about how Jesus prayed and ask ourselves how often do we pray.

We can think about how Jesus invited people to change and think about ways we need to change.

Teaching and Learning Experiences:

- Children recap their ideas about *Lent* and refer to Lesson 1, the prayer table symbols and the *Liturgical Year Calendar*.
- Teacher invites children to sit in a place on their own and listen and think about how they would act in the following situations. Jesus shared himself with others and he wants us to share ourselves too.
 - Do I share myself with others?
 - Am I good at doing what others need me to do?
 - Do I do only what suits me?
 - Am I good at stopping what I am doing to help others?
 - Do I offer to *manaaki* - to help and care for others?

Children are invited to decide on one way they could change and share themselves with others. They may like to suggest ways this could be done at home and at school - Do I offer to help others?

- Each child is given a piece of paper which has been folded in half. Children draw and cut out a cross leaving the fold at the top to join the double shape. Children open the cross shape and write in it the way they want to change. They decorate the top cross with a prayer, eg Jesus help me to live as you lived. The crosses could be hung over a string along the wall near the prayer table. Children could be reminded regularly about what they have written in their cross and given time to think about how they are changing. Teacher continues to emphasise that this is what Christians do in the season of *Lent* and this prepares us for Easter.
- Children make letters for a large caption to display during *Lent*. *LENT IS A TIME TO LIVE MORE LIKE JESUS LIVED*

Consolidation and Extension Activities:

- Children and teachers make a real effort to affirm and thank each other and share themselves happily with others

Suggested Assessment Examples:

- **LO 1&2** Refer to class suggestions of ways people can share themselves with others and observe how children use the time to think about this

