

Check up

Name: _____

Date: _____

1) Lent is a time of renewal and spiritual growth – this means ...

2) Write a reflection about the ways you renew your relationship with God during Lent.

3) How does the Church help people grow spiritually during Lent?

4) Which activity do you think helped you to learn best in this resource?

5) Questions I would like to ask about the topics in this resource are ...

