

Check up



Name: _____

Date: _____

Prayer is very important in Lent because ...

How do people of your age share in the Lenten practice of almsgiving?

Write an explanation of fasting and explain why people are expected to fast in Lent.

Give a one minute elevator pitch on how Lent enables Christians to recommit their lives to God through prayer, fasting and almsgiving.

Which activity do you think helped you to learn best in this resource?

Questions I would like to ask about the topics in this resource are ...

